VISION
TO BECOME A CENTRE OF LEARNING AND EXCELLENCE THROUGH VALUE BASED AND EXPERIENTIAL LEARNING OPPORTUNITIES, THAT HELPS IN THE HOLISTIC DEVELOPMENT OF INDIVIDUALS.

MISSION
TO CREATE AND FACILITATE INCLUSIVE ENVIRONMENT AND CULTURALLY DIVERSE PRACTICES THAT PROMOTE EQUITY, EQUALITY AND SOCIAL JUSTICE THAT MOULDS INDIVIDUALS INTO RESPONSIBLE CITIZENS.

APPROACHES
THE TEACHING-RESEARCH-PRACTICE NEXUS

GET READY TO BE A CHANGE!

Dr. Sheena Rajan Philip, The Head

We Social workers strive to enhance the social functioning of individuals, families, groups, organizations and communities; to support the development of human capacities; to empower at-risk groups; and to promote social and economic justice. Bharata Mata School of Social Work draws passionate people from a mixture of backgrounds to do work that matters. Our faculty, our field Work and our curriculum promotes critical thinking and reflective practice to integrate foundational coursework with applied courses in social work practice.

CONTINUED TO P. 02
UNNAT BHARAT ABHIYAN

Bharat Mata College has been selected as a participating institution for the Unnat Bharat Abhiyan (UBA) Programme, a flagship programme of Ministry of Human Resource and Development. The programme aims at involving Institutes of Higher Education in devising and ensuring implementation of government programmes in remote villages. In this regard, the College has selected 5 clusters where we can involve in devising and ensuring implementation of government programmes in remote villages. The selected clusters are Thalavechapara hamlet in Kuttampuzha panchayat, Vadakkekara, Puthenvelikkara (2 settlement), and Udayamperoor. Dr. Sheena Rajan Philip, UBA Coordinator of Bharata Mata College and Mr. Tony M Tom, Asst. prof. and project coordinator form Bharata Mata College attended the orientation programme organized MHRD at AICTE auditorium New Delhi on 25/4/2018.

UBA AT KUTTAMPUZHA.

The Kuttampuzha village is located in Kothamangalam Tehsil of Ernakulam district in Kerala. It is the only tribal region in Ernakulam which is around 60 km from Bharata Mata College. A meeting was organized at Kuttampuzha Panchayath Office were Panchayath President, Vice president Standing committee members, Kuttampuzha range officer, Tribal development officer, Tribal extension officer were present to discuss about the UBA programme. In the meeting it was suggested that prior approval from the Divisional forest officer is compulsory for the activities inside the forest and other activities can be carried with prior approval from the forest department and Panchayath.
NUMMA OONU

The pilot project was inaugurated by Minister of Industries A.C Moideen on Jan 26.2018. Coupons were distributed by MSW department students on a daily basis to the needy through different counters set up at various parts of Ernakulam district which covers the area within the four boarders of Kochi - Vypin on south, Angalmaly on North, Kothamangalam on East, Piravom on west. From May 11 onwards, a total of 300 coupons per day were distributed to the needy across the district. From July 1 onwards, 500 coupons are provided from across twenty different counters in the district. Thirty nine hotels too are roped in as part of the project.

WORLD AIDS DAY OBSERVANCE

MSW Department of BMC in collaboration with District administration Bharat petroleum Pvt.Ltd, Kerala state AIDS control society and CPK plus observed World Aids Day on 1st December 2018. The programme was inaugurated by District social justice officer Jebin Lolika. Our students had performed street play and FlashMob at Aluva Railway station and Thrikkakara municipality. The Programme aimed to create awareness about AIDS among the public.

Medical Camp conducted at Skyline builders, Elamakkara for migrant workers

On June 20th 2016 BMSSW Students conducted Musical events and Medical camp at Perumbavoor for migrants as part of their community organization program.
WORLD DIABETES DAY OBSERVATION

On account of World Diabetes Day, the Dept. of Social Work joined hands with Sunrise Hospital in creating awareness on Diabetes among Children on the 14th of November 2018. The programme was conducted at Cardinal Higher Secondary School, Thrikkakkara which saw a participation of 150 students. MSW first and second year students had taken the initiative and the leads in organizing the program. Being Children’s Day, and also making the adolescents responsible for their health, the program was perceived to have a good impact among the adolescents. The resource person from Sunrise hospital gave an informative session on Juvenile Diabetes and the importance of keeping a balanced diet and exercise to avoid non-communicable diseases, especially diabetes.

CARE FOR HER- HAIR DONATION

The department of social work at the Bharata Mata College initiated the programme for the cancer survivors by donating them hair from the college students in association with the Red FM 93.5 on the 9th January 2015. The initiative was made successful with the collaboration of 20 students from the different departments of the college. The campus created the empathetic pulse among the students to be one with the victims of this deadly disease. The participants and the hair donors received gifts from Dathri ayurvedic products, renowned company for personal care. Gifts included Hair oil and shampoo as compliments. MLA Mr. Benny Behnan appreciated the hair donors.

INTERNATIONAL DAY OF THE ELDERLY

International Day of the elderly was observed on Oct. 1st, 2018 under aegis of Dept. of Social Work, Bharata Mata College. The programme conducted in the college premises consisted of inviting senior citizens from near-by old age homes and welfare agencies. It was designed with the objective of facilitating an interaction with the elderly. The event saw a participation of 20 senior citizens from an old age home. The programme involved interaction session and cultural events along with the inmates focused on their daily struggles and issues. Dr. Varghese Kalapramambathu presided over the event which turned out to be an eye-opener for many students.
World Alzheimers day was observed on 22nd September 2018. The MSW Department students of Bharata Mata College, observed the day with a flash mob and performed a skit at two campuses of the Model Engineering College and Bharata Mata College. The skit was to raise awareness about the causes and the importance of supporting Alzheimer’s patients. The aim of the program was to generate a Alzheimer friendly society.

**WORLD ANTI-DRUGS DAY OBSERVANCE**

The world Anti-Drugs day was observed by the MSW Department on 26th June 2018, by collaborating with Thrikkakkara Police Station in Bharata Mata College. The day was blessed with the presence of the Sub-Inspector Mahadhevan, and the team. They were in full vigor in rendering the services to the students taking awareness classes for them, for an hour, for the second and third year degrees students of the college. The effect of the class was managed them to identify the drug peddlers in the society and the social disturbance that they cause to the society. It was conducted in the seminar hall and they pronounced the oath with lit candles in their hands. The session was highly informative to deal the victims in the contemporary society.

**BLOOD STEM CELL DONORS REGISTRY CAMPAIGN**

The Dept. organized a Blood Stem Cell Donors campaign in association with DATRI, Blood Stem Cell Donors Registry, Ernakulam on 7th July, 2018. DATRI is a nation-wide Blood Stem Cell Donor Agency and is committed to develop a Donor Registry in the cities which has a functional contact centre. The program was targeted towards building up a Blood Stem Cell Registry, in order to be useful in medical emergencies. Mr. Aby Sam John, from DATRI who himself was the first donor from Kerala, gave a session on the benefits of Blood Stem Cell Donation. The program was extended to all the depts. and a total of 700 students checked in their samples with the Blood Stem Cell Donation Registry. The donor were educated about the future possibilities of being contacted by the Registry in future incidents when their stem cells match. Contact details of donors were collected and they were provided with refreshments.
On the occasion of World Heart Day, The Dept of Social Work conducted a Zumba Workshop in association the “The Floor” at Panampilly Nagar on 29th September 2016. The Workshop was set open for all depts. in the college and a total of 79 students attended the workshop. Ms. Arunima Roy a representative of “The Floor” was the resource person for the event. The program focused on educating students about healthy heart and covered 4 exercises with the help of zumba dance steps. The event saw an overwhelming support from student participants and there was a request from students for such programs in future. The event also won support in social media with a clip on the event being featured on Twitter.

Kuttambuzha is one of the major tribal area which affected landslide on last august. The BeFORE in association with Rotary club cochin have collected the food materials and distributed at Kunjipara, Kuttambuzha on 16/8/2019. The panchayath member, rotary club members, Asst prof.Tony M Tom, Sherin Varghese, PRO were distributed the materials.The club B4 members initiated a collection of food materials for kuttambuzha. The members collected items from the whole college and AICUF club also supported club B4 for the collection. On 21/8/2019 the staff from BeFORE, members of club B4, AICUF were distributed the collected materials to the inmates in the presence of ward member.

Orientation on Traditional Health Habits

Bharatamata school of social work organized a session on the topic ‘Importance of Ayurveda’in collaboration with Kottakkal AryaVaidyasala on 20th July 2019 at 2pm in the Seminarhall Dr. Ajithkumar co-ordinated the programme. Mrs Roshan Mary Varghese and the social work trainees were the participants. Dr. Ajithkumar explained about the different seasons and their effects on human physiology.
The first official meeting of Kerala Social Work Students Congress organised by Kerala Association of Professional Social Worker’s (KAPS) in association with ASSK was conducted at Bharata Mata College, Thrikkakara on 15th December 2015. The second session of Kerala Social Work Students Congress started at 12.00PM by Dr. Anish.K.R, General Secretary of ASSK.

Dr.Anish had an informative talk on the main Social Work theme: “Promoting the Worth and Dignity of People”. The session got concluded by an interactive session between Dr.Anish and the students. The representatives of different colleges presented the on-going activities of the respective colleges. After the lunch break the college representatives as well as KAPS members had a detailed district wise discussion about the various activities that should be conducted on the next International Social Work Day. After that, there was an evaluation session led by Dr.Ipe Varghese. The Valedictory function started at 3.30.P.M. The main guest of the Valedictory function was Rev.Fr.Dr.PrashantPalakapalli, Principal of S.H.CollegeThevara, who explained about the importance of such meetings and also about the importance of the Social Workers in this era. The programme got concluded by 4.00.P.M with the Vote of Thanks delivered by two student representatives of Bharata Mata College.

On the occasion of Nelson Mandela's Birth Anniversary on July 18, 2018, the dept. faculty members made a visit to Borstal School at Kakkanad. The dept. got official permission from the prison dept. to conduct sessions on a regular basis for the inmates of Borstal School. In this regard, the faculty members hosted a meeting with the jail superintendent and enquired about the feasibility of forming batches and designing the outline of sessions to be taken for the inmates. Since July, 2018, the faculty members along with students make regular visits to the Borstal school to interact with inmates and also to impart sessions on life-skills, soft skills etc. Students are also taken for the session as an orientation to the interventions in correctional social work.
STREET THEATRE WORKSHOP

First Year MSW Students were given an orientation workshop on street theatre in association with Me and You Foundation, Headed by its founder, Actor, Mr. Manu Jose. The sessions that spread across two days, from 28th to 29th September, included several activities and demonstrations that inculcated vibes of learning among the students. First day of the workshop was focused on orientation of perspectives and theatre. It also included activities which taught utilization of space and body language. On the second day, the resource person introduced the concepts of spontaneity, structuring of a story with the use of props. The event saw a participation of 30 students from MSW Semester I and the culmination of the workshop resulted in scripting a street play for the observation of World Mental Health Day in association with Kusumagiri Mental Hospital, at Kakkanad open stage.

FLASH MOB BASED ON ‘CHILDLINE SE DOSTI CAMPAIGN’

“Childline Se Dosti” is a weeklong national campaign aims to make ordinary citizens, stakeholders in CHILDLINE 1098. The Railway Childline observed the National Children's Day on 14th November, 2018 in association with MSW Department had organized a Flash mob. It considers a way of awareness about Childline and its functioning towards the mind of passengers. On Wednesday evening, the flash mob conducted in the platform number one at 5.30 PM followed by a Warning sound, which alerts the passengers during their rush hours. An average of 20 students was participated in the program. At the same time, the Childline officials gave green colored balloons to children. Which indicates a sign of safety and reveals that the Railway Childline is always stands here for the protection of child rights. After the program, the Childline Coordinator, Mr. Shano Jose talked about the services offered by Railway Childline and the measures taken by the protection of each child. The passengers and the Railway officials gave a big support for the initiative taken by Railway Childline Ernakulam.

Awareness class at Vadakkekara

A class about use and misuse of internet, child sexual abuse, a section about POSCO Act were conducted at Kunjithai Anganavadi, Vadakkekara.

Students conducted awareness class for the children in B.M Nagar kennadimukku on 22/12/2018. We conduct class on the significance of re use of plastic and the awareness on sex education Awareness class conducted at Athani and Manakkappady on Child Abuse, drug addiction and negative impact of mobile usage among children for parents and children.
Three day camp conducted at Thalavechapara hamlet as Part of the UBA Programme

Education is considered as a key element for the development of a society. Education process starts from the family and community. One's lifestyle and thoughts are really shaped through the influence of beliefs, customs and practices in their surroundings and all these influence each people's life style and thoughts. Hence the environment and culture of a person plays an important part in his/her development. Muthuvan is a community which firmly holds their traditional rituals, beliefs and culture and so on. As modernity influences each community tribal communities are also becoming victims of the same. As a result the life style, culture etc are changing day by day. Bharata Mata College has conducted several interviews and group discussions with tribal communities and the authorities of the tribal development department at Muvattupuzha in order to tackle the above said issues based on the influences of modernity. Based on these interactions, there have been clear indications that education support programs need the capacity to build on the strengths of the tribal community, to value their culture and history, and at the same time, establish programmes which enable, more or less seamless, integration into main stream education systems. As per the guidance given from the tribal department, Bharata Mata college has visited Thera, Panthapra, Uriyam petti, and Thalavechapara hamlet to study and understand the reason behind the increase in school drop outs.

enTribement Kuttampuzha

enTribment Kuttampuzha is a project which focuses on the upliftment of the children, youth and adult into a positive stream, empowering the inmates of tribal hamlets of Kuttampuzhapanchayath thorough entrepreneurship, educational support, skill development programmes, cultural club activities etc. The Kuttampuzha village is located in Kothamangalam Tehsil of Ernakulam district in Kerala. It is the only tribal region in Ernakulam which is around 60 km from Bharata Mata College. Kuttampuzha was selected as a location for our research activity with a special concern for the tribal inmates who lies at a close proximity. As an initial step Bharata Mata College organized a 7 days residential camp in Thalavechapara settlement with the first year MSW students of Bharata Mata School of Social works. Based on the studies conducted, a plan of action was made in consultation with the Kani, Mooppan, ward member and inmates of the hamlet so as to know the requirements needed in hamlet to improve the life pattern of the people.
“Satchel Pooyamkutty” : 26th June 2018

A new mission was taken up by Bharata Mata College as part of UBA to light the lives of 80 children at St George UP School, Pooyamkutty, Kuttampuzha. The main objective of the program was to identify the needs of children and provide them with books and stationary for them. As part of this, every department was informed to contribute books and other stationeries which are required for these children. All the students, teaching and non teaching staffs of the college actively participated in this venture by contributing in the best possible manner.

JUSTICE FOR JISHA – STREET PLAY

On 2nd June 2016, a Street play was conducted by Bharata Mata School of Social Work for the Justice of “Jisha murder case” at Durbar hall Ernakulam, in association with a Human Rights Law Network.

INTERNATIONAL WOMEN’S DAY

The International Women’s day was celebrated in collaboration with the NGO, Maithri. The Kalamassery Municipality Chairperson Ms. Jessy Peter inaugurated this function and the other speakers of the day were Mx. Vijayaraja Mallika, Adv. Zameera Abees, and Jyothi Narayanan. Adv. Rajesh, a member of the NGO, Maithri shared information on the importance of women in the modern family and based on the studies he conducted on the situations of women in the household with the help of a survey and presented it for the information and the assistance of the 100 and more participants in the morning session. The sessions were informative and thought provoking for the seekers of this need of the current society in flux. Post the screening, the meeting ended with the seminar presentations by the student representatives of Bharata Mata College and Maithri- Link with Life. The MSW students Ms. Namitha Mary Varghese and Ms. Shamroc D’couto presented the analysis of the survey conducted by them titled “The Impact of Social Media in Family relations”. captured the main headlines of the dailies.
MALALA DAY OBSERVED ON 12th JULY 2019

Malala day was observed by Bharata Mata School of Social Work on 12th July 2019, the birthday of Malala Yousafzai who defied the Taliban in Pakistan and demanded education for girls. It was organised by 1st MSW (2019-2021 batch) students to uphold the right to education for all children irrespective of gender. As part of the observance, the entire college took an oath on ‘Gender equality in education’. Radio BMC aired the awareness on girl child education throughout the day. Social media promotion was given through various social media platforms. A street play on ‘right to education’ was performed at Thrikkakkara open-air stage at 4pm. The programme ended with a ‘Hand Campaign’ which witnessed a greater public participation.

Water Purifier Distribution at Kuttanad 2018

As the part of UBA and under the supervision of Bharata Mata College, Thrikkakara has provided 100(50+50) numbers of water purifiers to the rural areas kuttanad . The estimated cost of each water purifier (sawyer) is about 5000 rupees. The purifier was supplied to the area after a quality test conducted in the flooded water by students and faculties from Bharata Mata College . The water was .1 micron clear and was ready to use for drinking purpose and many household activities. The group was under the leadership of manager, Fr. Jacob G. Palackappilly, (Manager BMC), Dr. Sheena Rajan Philip, Mr. Tony M Tom Mr. Sherin Varghese (Faculties) along with students of club BeFORE. The working of water purifier was demonstrated by the club members to the local people, so that they can use every drop of water without wasting it in an adverse condition like flood.

Awareness drive on Clean India Campaign in Ernakulam

The dept. of Social work in association with District Swachch Bharat Mission, organized an awareness drive on Clean India campaign on the 29th of December, 2018. The event included students of MSW who used the means of Flash mob to garner community attention and spread the message on importance of having clean surroundings. The team of students covered public areas of Vytila Mobility Hub, North Railway station and Marine Drive calling public attention to end littering of public places. The initiative was welcomed with huge applause and support from the audience and the students also showed their willingness to take up such cause in the future.
The MSW students received the opportunity to participate in the Pathayatra which is a cleanliness campaign which was started in the name “Shuchitwa Bodha Yajnam 2010-25” this was an initiative of Fr. George Pittapilly who propounded this campaign since 2010. He is the founder of Mitradham Ashram and was accompanied by Fr. Mathew Kiriyanthan. The campaign was organised by suchitwa mission Ernakulam, Haritha Keralam Mission, Mitradham Renewable energy centre, Rajagiri College of Social Sciences and Sahrudaya Services and Charities. This year his campaign began on 1ST of January from Advaitashramam in Aluva and on the 15TH of January his campaign began from Bharata Mata College. The MSW students FROM Sree Shankara University of Sanskrit performed flashmob in various dropspots thus highlighting the reality of cleanliness in todays life. On this day the MSW students accompanied the padhyatra team (6KMS) to promote the cleanliness campaign by walking from Bharata Mata college till Rajagiri Centre for Business Studies in Infopark. In Rajagiri Campus, a valedictory function was organised which was chaired by Fr. George Pittapilly, Fr. Mathew Kiriyanthan and Cine Artist of Marimayam television programme. Dr. Sheena Rajan Philip addressed the felicitation speech for the session. Other BMSSW faculties Mr. Pinto Simon, Ms. Anita Annie Mathew and Ms. Honey Mary John the students for this pathyaatra.

**Study on the loss incurred at shop during the flood**

As per the Requirement from Vadakkekara Panchayath Bharata Mata College Collected the details about the loss incurred for the shop keepers in Vadakkekara Panchayath in collaboration with Vyapara Vyavasayi Ekopanasamithi.

**Milagro 2k18**

Milagro 2k18 was conducted on 17th February 2k18 as part of a fundraising campaign organised by MSW department. The fest mainly focused to giving a platform for school students to portray their diverse talents on various theme based competitions Quibble (Quiz Competition)The first and the initial step was to divide the students into different group for the fundraising. The students were divided into 11 groups and each groups were assigned different localities. The students were given a time frame of 15 days under the guidance of Asst.Prof. Honey Mary John and Asst. Prof. Pinto Simon. The students were able to collect an approximate of 1.75 lakh through the fundraising.
**URJAKIRAN 2019**

The Urjakiran Mission conducted along with the Bharata Mata School of Social work Thrikkakara a half day awareness programme on the energy consumption and it's preservation among the locals of the karimukal Grama panchayath. The students with the presence of the manager, principal, and rhetoric HOD were present to meet the awareness and create rifles of change in the community. The principal flagged off the cycle rally from the Kent tower. The rally also witnessed the presence of the panchayath ward membership of the karimukal Gramapanchayath. The rally reached the Karimukal junction where the merchant’s association president, electricity board assistant engineer, panchayath membership all was present. The manger addressed the gathered community the urgent need for the prudence in using electricity and preserving bit for the future generation. The trainees inducted flash mobs and the whole programme was under the coordination of 1st year MSW students of the college. The locals also were highly impressed by the initiatives of the students and the college for the social awareness that is an impetus for the society.

**4th World Congress on Disaster Management**

The 4th World Congress on Disaster Management was organized at IIT Mumbai om 29th & 30th January 2019. Dr. Sheena Rajan Philip, Head, Department of social work, Ms. Reni Rajan, Faculty along with 3 MSW trainees attended the conference. Dr. Sheena Rajan Philip and Ms. Swetha Lakshmi presented on the research topic ‘Financing Strengthening Disaster risk Management in Kerala’ the session chair was Maj General Dr. Naresh Badhani (Indian army (retd). And another parallel session was conducted at 17:15-18:30 at session 3.04 Theme on Children and Disasters. Assist Professor Reni Rajan and Akhil Kuriakose Present Research on the topic of Research on Impact of disasters and resilience among children affected by floods in Ernakulam Kerala in the presence of chair Mr. Sarbjit Singh sahota. After that we attend next parallel session.

**RESEARCH PAPER PRESENTATION**

A paper presentation for a State level Seminar on the title “Environmental Risk Vigilance” held in Kollam on 17th of March 2017. Jointly organised by Vigilance and Anti corruption Bureau, Kollam Unit and Fatima Mata National College (Autonomous). The seminar was jointly organised by Vigilance and Anti Corruption Bureau, Kollam Unit and Fatima Mata National College (Autonomous). The main invitees for this seminar were Mr. Jacob Thomas IPS (Director, VACB ), E.K. Sabu, Dr. Vincent B. Netto, and Dr. Ajay Kumar Varma. The theme for this seminar was “Environmental Issues in Kerala - VACB Intervention to achieve Zero Tolerance to Corruption”. Ms. Anita Annie Mathew (Asst. Prof) accompanied the student for this seminar.
On 15th July 2019, Cyclothon has been organised in collaboration with Bharat Petroleum Corporation Limited (BPCL) as part of the Swatch Bharat Mission at 1 pm to promote the motto 'ride to save oil, money and nature'. This has been co-ordinated by Mr. Tony M. Tom, project co-ordinator of BeFORE and Mr. Joshy, PRO, Bharata Mata College. Total of 100 students from BMC participated in the programme.

**FLOOD RELIEF CLEANING WORK AT PUTHANVELIKKARA ON AUGUST 30-31ST (2018-2019)**

Since Puthen Velikkara is located in the banks of river Periyar and Chalakkudi Puthenvelikkra is the one of the worst affected area during the flood in Ernakulam district. Bharata Mata College, Thrikkakara conducted a 2 day flood relief cleaning work at Mary Ward School Puthenvelikkara. By the supervision of, Asst. professors Honey Mary John Reny Rajan and Mr. Tony M Tom along with 50 students visited the school for two days and cleaned up the entire school. The cleaning work begins from 10 am in the morning and lasted till 6:30 pm in the evening. The students work really hard to clean the school which was badly affected by flood. The school was covered with every kinds of waste including toilet waste, all the practical lab tools and equipments were damaged and was scattered .The class room was filled with dirty water and retails, The students altogether worked hard to bring back the class room to the old state and this was a good experience for all the students.
The Barata Mata College and the School of Social Work has organized in association with the Unnath Bharat Abhiyan (UBA), Bharata Mata Extension for the Organic and Research Environment (BeFORE), and the Vana Samrakshans Samiti (VSS), to conduct a Rural camp at the tribal settlement in Kuttampuza Gramma Punchayath in the 11th ward, Elamplassery at Mamalakandam on the 22nd to 28 of January 2019. The programme was guided by the efficient support of the principal of the institution Dr. Shiny palatty, in assistance with the Head of the department Dr. Sheena Rajan Philip and the faculties with special reference to the timely and due promptings and the facilitations of the camp director Prof. Tony M.Tom and the student coordinators Mr. Anandhu Venugopal and Ms. Keerthana Shibu.

The trainees have planned for a month under the leadership of the student coordinators dividing the entire class into diverse groups and thus scheduling the all-inclusive programmes for a successful and beneficial consequence. The rural camp would be ever memorable in the minds of the legatees as well as in the organizers and accomplices thus it would encompass as well as transcend the etiological and metaphorical meaning of the name and the identity of the Camp.
A study on the impact of flood and resilience among children in Vadakkekara panchayath

Kerala flood 2018 was the major worst flood affected by Kerala state children are the most vulnerable group among adults. So the Bharata Mata School of Social Work conducted a survey in Vadakkekara panchayath after 3 months of flood to identify the impact of flood in children and to identify the resilience among children. 250 samples collected from different students in the Vadakkekara panchayath. The data was collected using impact of event scale and child youth resilience measure. The data shows that the children have impact of flood after the 3 months of flood. The results say that there is chance to have post traumatic stress disorder. And some students say that they have strong feelings about the flood. The study also shows that the children have only less participation with the community.

Sugar Cane Cultivation

BeFORE live lab has started marayoor sugarcane cultivation in college campus 11/10/2019. The college started cane cultivation in association with bhoomithra sena club, club b4, mathrubhoomi seed club and Bharata Mata School of social work at 50cents of land. The manager REV FR. Jacob G Palackapilly planted the cane and inaugurated the function. Dr Shiny Pallatty (Principal), Dr. Surekha Sakaria (Vice principal), Tony M Tom (Bhoomithrasena coordinator & BeFORE coordinator) were participated in the meeting. For the last two years the college has cultivated rice and corn in the campus.

Observation of World Social Work Day: Public Pond Cleaning

As part of the World social work day MSW department in collaboration with the Kerala Association of Professional Social Work (KAPS) and Rotary Smart Cochin organised the Public Pond Cleaning activity in NGO Quarter area. The MSW students of Bharata Mata College actively participated in cleaning the pond. This initiative was appreciated and supported by the Ward councillor Mr. Ashraf (Ward Number 32). This initiative was possible for the students due to the joint support of the faculty of MSW department.
On 30th July 2019, at 5:30pm the social work trainees of Bharata Mata School of Social Work conducted a Flash mob at South Railway Station as a part of “World Day Against Trafficking in person” organized by Railway Child line, Ernakulam. Followed by the Flash mob, Ernakulam South RPF Sub Inspector, Mr. Sooraj and South GRP Officer Mr. Sabu spoke to the people about the Human Trafficking. The Railway Child line co-ordinator Mr. Shano Jose, Counselors namely Aparna P U and Mr. Shibin Shaji Varghese, Ms. Jeena C J, Ms. Lissy Joseph, Mr. Anto Baby were present in the programme. Ms. Amrutha Sivan and Mr. Shijo Devasia gave vote of thanks. The function wound up at 6:30pm.

National Conference on Disaster Management, 2018

On the wake of Floods that wreaked havoc in Kerala, the dept. of Social Work hosted a two-day National Conference titled “Disaster Management: Inter sectoral interventions from Risk Reduction to Recovery” on 1st & 2nd November, 2018. The event saw a participation of 110 delegates from 13 institutions including those out of Kerala. The deliberations and discussions were focused on the fields of impact of disaster on health, educational systems, recovery and rehabilitation and also inculcated deliberations on use of technology and intersectoral approaches towards disaster management in the form of a panel discussion. Resource persons included Dr. Janaki Andharia (Dean, Jamestji Tata School of Disaster Studies), Dr. Jayakumar C (Asst. Prof. NIMHANS), Mr. Mahesh Kamble (Asst. Prof. TISS), Mr. Navneet Yadav (Associate Director, Doers NGO, Shimla), Dr. Manoj M.G. (Scientist, CUSAT), Dr. Mansoor Hassan (Welfare Trust Association) and Dr. Fr. Norvy Paul (Asst. Prof., Christ University). The programme was inaugurated by His Excellancy Mar Sebastian Adayanthurathu (Bishop of the Ernakulam-Angamaly Archdiocese). The conference was influential in bringing about an open forum for students, practitioners and academicians to discuss on the implications of training in disaster management and the sectors that professional social workers can collaborate with, in disaster management.
CHEKUTTY DOLL MAKING WORKSHOP

In solidarity with the cause of handloom cottage industries reconstruction, as well as a precursor to the National conference, the organizers also hosted within the college premises Workshop on making chekutty dolls out of handloom cloth ravaged by the flood. The event was hosted in association with Kerala Sastra Sahitya Parishad with Mr. Anoop and Mr. Manu Jins as resource persons who trained in making the dolls. The workshop saw a participation of approximately 40 students after the college hours from different streams.

Logo Launch of ICSSR Sponsored National Conference on the theme ‘Green Social Work’

The Logo Launch of ICSSR Sponsored National Conference on the theme ‘Green Social Work’ at Kalloor. The Logo launch was done with a theme dance and flash mob by students at the Kalloor bus stand. Students distributed cloth bags made out of used cloths to the public. Mr. R. Rajendran Nair, Snr. Advocate, High Court and P.T. Thomas, MLA were the guest of honour. Mr. R. Rajendran Nair did the logo launch.

INTERVENTIONS AT BORSTAL SCHOOL, KAKKANAD

As part of our commitments towards nation’s development, development interventions have been planned among youth offenders at Borstal School, Kakkanad. The intervention is aimed at the psycho-social development of this youth group. Borstal School Kakkanad is the rehabilitation cum correction home of youth offenders who belong to the age group 18-21 years who are indulged in civil and criminal activities and have been convicted by law. They need psychological support and development in the process of being corrected. Considering the social factors which contributed to the crimes they have committed, an urgent need is felt to support them with psycho-social development programmes. Interventions are planned and conducted weekly twice at Borstal School, Kakkanad.
MANNARIYAN....MANASSARIYAN

Mannariyan Manasariyan is a project launched by Bharata Mata School of Social Work. The project is undertaken by social work fraternity of Bharata Mata College, Thrikakkara to develop a natural attachment towards the agriculture practice and to educate the students about the methods right from sowing to harvesting. From 2015, its been practiced in all 3 consecutive years with corn, paddy and sugarcane.

SUM FUN- 2019

FUN was initiated by the School to build social responsibility and commitment among children in neighborhood communities. Students were given classes on different

GREEN PROTOCOL

We do our bit to protect our nature and promote our interdependencies between man and earth’s flora and fauna by practicing Green Protocol in all our initiatives. We are using biodegradable materials in all our programmes like cloth banner, paper pens, steel glasses and plates and so on. Any programme inauguration is facilitated by planting or watering trees and distributing saplings to the audience. This will create awareness towards holistic life and our peaceful existence on our planet earth

DOMAIN ACTIVITY

Apart from the University curricular requirements, in the 3rd semester and 4th semester, domain activities have been initiated this academic year (2019-2020) to students in all the specializations. This is initiated with the purpose of promoting innovative initiatives of students in their respective specializations. In the academic year 2019-2020, students have initiated domain activities in all the three specializations. Family and Child Welfare (FCW)
STUDENTS’ SHG

Social Work education believes in imparting teaching and practice hand in hand in the process of moulding social work trainees into professionals. BeFORE – Bharata Mata Extension for Organic Research and Environment acts as a live lab for the students of social work in getting hands on experience in various settings of professional social work. As an innovative venture, this academic year onwards, we have initiated SHG among the students in the class. As community Organisation remains the primary method of social work and as students of 1st semester are placed in the communities as part of their concurrent field practicum, working with SHGs in the communities is mandatory. To facilitate a live understanding of the concept, student SHG is initiated in the class and they are involved right from the beginning – formation and ongoing functioning. This will help students to visualize and experience the administrative structure, generic and specific functioning of SHGs in the communities. As they go through the process, they understand and experience the dynamics of the groups and this will help them deal with the community SHGs in an effective manner. This will also help students to anticipate issues in the administration and help themselves competent in the community problem solving process. Initiation of SHG in the class will enhance their knowledge and understanding of the concept, the philosophy behind it and suggest modifications in the process (if any), in case of facilitating effective and efficient working of community SHGs. This live lab will further assist in their professional development in their consecutive semesters when they learn Administration of Human Service Organisations and Human Resource Management for Development Practice.

CENTRE FOR LIFE LONG LEARNING

The Centre for Life Long Learning is initiated with the objective of devising and implementing need based certified training programmes for different target groups. This will be implemented by disseminating the existing faculty expertise to various segments/target groups of the society. The objective of the center is to facilitate various personal and professional development programmes under one umbrella. A group of well experienced trainers with expertise in human resource management, interpersonal relations, emotional intelligence, social capital management, social psychology and social dynamics train different target groups of society and also professionals from different backgrounds. The centre has initiated a programme called Introduction to Social Work (ISW) for the coastal community at Chellanam.
INNOVATIVE TEACHING-LEARNING METHODS

The teaching learning pedagogy at Bharata Mata School of Social work includes a combination of novel methods, content and technologies to provide an innovative Social work education experience for students. The methodology followed aims to develop professional aptitude, subject clarity, interpersonal skills, communication skills, reflective and critical thinking, data collection and management skills, conflict resolution skills, skills for working in organizations, and skills in negotiation among students.

The pedagogy used is student centric and participatory, in which students participate in both learning and teaching activity. The classroom teaching learning has limitations in understanding the practice competencies. The activity oriented and participatory method creates an inclusive platform for students from diverse background to develop skills, aptitude, techniques and professional values.
Integrated teaching-research-practice

Higher education always insists on integrating teaching practice and research as part of classroom learning. Students engage in field action projects which help to gain research skills like data collection, analysis and writing inferences and findings. This helps them in understanding the community better. This in turn is discussed in classroom. For instance, the topic of theories of family intervention was learned in classroom and students observed while their field work in Pushpanagar colony. They did carry out interventions with the girls in the community and organised activities. This in turn was taken as topic of research dissertation. Both students and teachers go through the process of integration, where the subject is been learned.

ICT, enabled teaching learning practice

Information, Communication and Technology is been used to enhance, support and optimize delivery of information. This provides better learning experience for students. Google classroom is a online platform used by teachers and sharing academic and non academic activities.

Student centric evaluation

Viva Voce is conducted in every semester as part of the internal assessment where students are assessed by teachers as well as self evaluation. It provides opportunity to students to introspect about their contributions, strengths and achievements.

Know your Neighbourhood

Know Your Neighborhood program is a pre-academic self learning exposure where the students are guided to learn from their own neighborhood- the various problems, needs, resources, socio cultural realities, community based organizations, civil society organization, government and non government initiatives that promotes welfare and development. This self learning will sensitize the students and facilitate further learning during the course.

MOOC - Courses by Students

MOOCs are courses delivered online and accessible to all for free. SWAYAM, Coursera and Edx websites are used by students for doing MOOC. The MOOC courses taken by students are considered as internal assignment.
Article Review

Faculty review articles and do presentation during the staff meeting every month. This creates a platform for dissemination and discussion on emerging trends in social work discipline. This helps in sharing the theoretical knowledge and novel practices from the local and global scenario.

Best practices are those which add value to human life and support main cause of an institution. It helps in the development of an institution—a source or means to perform social responsibility. It can change the life of whole institution as well as individual stake holders. Colleges undertake different types of best practices as per their institutional environment; try to bring about innovations and new ideas. Best practices are those activities which are aligned to the vision and mission of the institution and those that can be projected as replicable in the respective fields. Bharata Mata School of Social Work has been following certain best practices to promote innovations and commitments towards professional social work. These best practices boost up the morale of the stake holders which in turn create a positive and constructive environment in the organization in our process of contributing back to the society. The following are the best practices evolved over the time from inception. We are always in the process of developing the discipline by promoting teaching-practice-research nexus with an ultimate goal to develop the profession.
BMC in Dailies...

Caricature exhibition conducted to commemorate Shankar’s birthday

The 117th birthday celebration of cartoonist Shankar was celebrated by conducting an exhibition of different caricatures by artists across the globe. The exhibition was curated by cartoonist Badusha. The exhibition was jointly inaugurated by cartoonist Sukumar and Yesudas. Thrissur Samskarika Kendram Cartoon Club and Bharata Mata College jointly conducted the exhibition.

Students of Bharata Mata take elderly on a city tour

The students from the social work department took the residents of Udayamperoor on a ride of the Metro and to some of the city’s hotspots.

Glimpses from the tour

Building a brighter future

Students of the Bharata Mata School of Social Work with children with learning difficulties at an event organized by the college on Tucucia. Around 50 students from over 10 special schools in the city participated in arts & crafts and group song competitions.

Continued to P. 25
Deepika
13.03.2019

See translation
The Bharata Mata Awardees - 2019

Dr. Prabha Tirmare, An Associate Professor, College of Social Work, Nirmala Niketan, Mumbai. a member of many international and national universities and of Boards in several educational and social work activities. Her writings following the development of social constructs and provision of solutions based on practice based social work methods, sustainability aspects of initiatives and its contribution to develop knowledge of social work profession, development of a model to generate indigenous knowledge base for social work education and practice and administrating in various staff development programme, induction of practice based action research to government officials beyond stipulated duty of her early service, International Exchange initiatives, initiated RULED-IKCONS Project, numerous research and action research projects, publication of articles in international and national journals, entries of international interviewed articles, volumes of papers presented globally, activities on projects related to migration and human rights. She also excelled her academic and scholarly life as consultant, coordinator, initiator and executor through student exchange programme at Stockholm University, Trainer of south Asian students Leadership Programme, and coordinator for the foundation for Academic Excellence and Access, and the formation of Avishkar group to initiate educational and cultural exposure to the students.

Dr. T.S. Chandrasekhara, consultant and practitioner in Psychiatric Social Work. The applicant was highly noted in both the academic and practicing spheres for personal and professional integrity through good and effective contribution for instance providing counseling services. He is noted for his guidance in Ph.D at Bangalore and Christ university, Examiner (BOE) at NIMHANS, Member, BOS Department of Counseling at Rajiv Gandhi National Institute of Youth Development, Tamil Nadu, conducted and participated in many TV and Radio Programmes, received numerous awards in various staff development programme, induction of practice based action research to government officials beyond stipulated duty of her early service, International Exchange initiatives, initiated RULED-IKCONS Project, numerous research and action research projects, publication of articles in international and national journals, entries of international interviewed articles, volumes of papers presented globally, activities on projects related to migration and human rights. She also excelled her academic and scholarly life as consultant, coordinator, initiator and executor through student exchange programme at Stockholm University, Trainer of south Asian students Leadership Programme, and coordinator for the foundation for Academic Excellence and Access, and the formation of Avishkar group to initiate educational and cultural exposure to the students.
NATIONAL CONFERENCE ON
GREEN SOCIAL WORK: EMERGING TRENDS AND PROSPECTS
& BHARATHION SARGOTSAV
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